

## A Parent's Experience

"I was really sensitive when the baby was moving and kicking. Being in tune with that kind of calmed my nerves.... I remember lying down at the end of the day. My day would have quieted and then the nocturnal activity started. I would put my feet up and just sit there and wait for him to get going.... I was imagining if the baby was going to have his color eyes or my color eyes. I was envisioning cradling him in my arms. Then, to touch my stomach and know that there's a little person in there—just to feel connected. It was contact... All of the sudden it starts to come together. This is a life inside of me and that's pretty awesome... I was so ready. I did feel that once he was born, I had always known exactly what he would be like.

Susi C. and Daniel  
-New York



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*I was envisioning  
cradling him  
in my arms.*