

## Week 23 Objective:

Use your Quiet Time to practice talking with baby.

**Note: Remember to first tell baby who's speaking. Speak loudly, and always pause after a question to listen and feel for a response.**



PHOTO: ALAN LEMIRE

*“How are you feeling today?”*  
(pause and listen for what your baby might say)

*“Can you hear me talking?”*  
(pause)

*“What are you doing in there now?”* (pause)

*“Are you awake or resting?”*  
(pause)

*“Are you sucking your thumb?”*  
(pause)

*“Are you stretching?”* (pause)

*“I can hardly wait until you are*

*born – when I can see your face and you recognize me.”*

*“I think about holding you and calling your name. I can see myself rubbing and kissing your soft head. Won't that feel good?”*

*“How about when I tickle your tummy? Will you kick your legs and giggle?”*

*“I can see myself patting your little behind. Will that make you laugh?”*

*“Are you getting excited, too, about playing with me?”*